

Estudio Propio: **EXPERTO EN ANTICONCEPCIÓN PARA MIR**

Código Plan de Estudios: **EP54**

Año Académico: **2021-2022**

ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:							
CURSO	Obligatorios		Optativos		Prácticas Externas	Memoria/ Proyecto	Créditos
	Créditos	Nº Asignaturas	Créditos	Nº Asignaturas	Créditos	Créditos	
1º	18	1					18
2º							
3º							
ECTS TOTALES	18	1					18

PROGRAMA TEMÁTICO:				
ASIGNATURAS OBLIGATORIAS				
Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706279	1	MANEJO DE LA ANTICONCEPCIÓN PARA MIR	OB	18

Carácter: OB - Obligatoria; OP – Optativa

GUÍA DOCENTE

Año académico	2021-2022	
Estudio	Experto en Anticoncepción para MIR	
Nombre de la asignatura	MANEJO CDE LA ANTICONCEPCIÓN PARA MIR	
Carácter (Obligatoria/Optativa)	Obligatoria	
Créditos (1 ECTS=25 horas)	18	
Modalidad (elegir una opción)		Presencial
		Semipresencial
		On-line
	x	A distancia
Profesor/a responsable	M ^a Jesús Cancelo Hidalgo	
Idioma en el que se imparte	Castellano	

PROFESORES IMPLICADOS EN LA DOCENCIA

MACARENA QUESADA
 ÁNGEL MARTÍNEZ MARTÍNEZ
 ENRIQUETA BARRANCO
 ESTHER DE LA VIUDA
 EZEQUIEL PÉREZ CAMPOS
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RAFAEL SÁNCHEZ BORREGO
SERGIO HAIMOVICH
SILVIA TAPIADOR

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	150
Número de horas de trabajo personal del estudiante	300
Total horas	450

CONTENIDOS (Temario)

SITUACIÓN ACTUAL DE LA ANTICONCEPCIÓN EN ESPAÑA Y EUROPA
MITOS EN ANTICONCEPCIÓN
ANATOMÍA DEL APARATO GENITAL FEMENINO Y MASCULINO
PRINCIPIOS ACTIVOS EN ANTICONCEPCIÓN Y REPRODUCCIÓN
PAPEL DE LAS HORMONAS EN LA SEXUALIDAD
REGULACIÓN DEL CICLO MENSTRUAL
FARMACOCINÉTICA Y FARMACODINAMIA DE AH
HISTORIA DE LA ANTICONCEPCIÓN
MÉTODOS NATURALES Y MÉTODOS BARRERA
ANTICONCEPCIÓN HORMONAL COMBINADA
ANTICONCEPCIÓN CON SOLO GESTÁGENOS
ANTICONCEPCIÓN INTRAUTERINA
ANTICONCEPCIÓN DE URGENCIA
DOBLE MÉTODO
ANTICONCEPCIÓN QUIRÚRGICA FEMENINA Y MASCULINA
GENERALIDADES SOBRE LOS BENEFICIOS DE LOS MÉTODOS ANTICONCEPTIVOS
INTERACCIONES MEDICAMENTOSAS EN TRATAMIENTOS HABITUALES
CME. CONFERENCIA DE CONSENSO SEC
ASESORAMIENTO ANTICONCEPTIVO (Requisitos para la anticoncepción)
ASESORAMIENTO ANTICONCEPTIVO EN ITS
ASESORAMIENTO ANTICONCEPTIVO EN LA ADOLESCENCIA
ASESORAMIENTO ANTICONCEPTIVO EN LA PERIMENOPAUSIA
ASESORAMIENTO ANTICONCEPTIVO EN POSTPARTO Y LACTANCIA
ASESORAMIENTO ANTICONCEPTIVO POST-ABORTO. ESTRATEGIAS PARA EVITAR ABORTOS DE REPETICIÓN
ASESORAMIENTO ANTICONCEPTIVO EN ALTERACIONES DE LA HEMOSTASIA Y PATOLOGÍA
CARDIOVASCULAR

ASESORAMIENTO ANTICONCEPTIVO EN ENDOCRINOPATÍAS
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON OBESIDAD
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON HIPERANDROGENISMO/ SOP
ASESORAMIENTO ANTICONCEPTIVO EN PATOLOGÍA GENITAL Y MAMARIA BENIGNA
ASESORAMIENTO ANTICONCEPTIVO EN PATOLOGÍA DIGESTIVA
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON CÁNCER GINECOLÓGICO Y NO GINECOLÓGICO
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON DISCAPACIDAD PSÍQUICA
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON PATOLOGÍA PSIQUIÁTRICA
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON PATOLOGÍA NEUROLÓGICA
ATENCIÓN EN SITUACIONES DE VIOLENCIA DE GÉNERO
DIVERSIDAD CULTURAL Y SSR Y ANTICONCEPCIÓN
ANTICONCEPCIÓN Y CALIDAD DE VIDA
ASPECTOS LEGALES EN ANTICONCEPCIÓN Y SSR. CASOS CLÍNICOS
ANTICONCEPCIÓN EN TIEMPOS DE PANDEMIA
CASOS CLÍNICOS

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- EL ALUMNO ESTARÁ CAPACITADO/A PARA ASESORAR EN ANTICONCEPCIÓN A LA USUARIA QUE LO DEMANDE EN SU PRÁCTICA CLÍNICA DIARIA.
- EL ALUMNO ESTARÁ CAPACITADO/A PARA REALIZAR LA ANAMNESIS, HISTORIA CLÍNICA Y EXPLORACIÓN EN ANTICONCEPCIÓN
- EL ALUMNO ESTARÁ CAPACITADO PARA ASESORAR A LA USUARIA SOBRE LOS RIESGOS, BENEFICIOS Y POSIBLES EFECTOS SECUNDARIOS EN ANTICONCEPCIÓN.
- EL ALUMNO ESTARÁ CAPACITADO/A PARA RESOLVER LAS DUDAS MÁS FRECUENTES SOBRE ANTICONCEPCIÓN A LA USUARIA DE ANTICONCEPCIÓN.

EVALUACIÓN

EXAMEN TIPO TEST

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<http://www.un.org/en/development/desa/population/publications/pdf/family/trendsContraceptiveUse2015Report.pdf>

United Nations Population Division. Department of Economic and Social Affairs. World Contraceptive Use 2018

Accesible en :

<http://www.un.org/en/development/desa/population/publications/dataset/contraception/wcu2018.shtml>

Contraception Atlas Accesible en: <https://www.contraceptioninfo.eu/node/7>

Who Model List of Essential Medicines 20th List (March 2017) Accesible en:
https://www.who.int/medicines/publications/essentialmedicines/20th_EML2017.pdf?ua=1

ECEC accesible en:<http://www.ec-ec.org/emergency-contraception-in-europe/emergency-contraception-availability-in-europe/> (31-1-2017)

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Resumen ejecutivo de la 5ª ed, Criterios médicos de elegibilidad para la elección de método anticonceptivo http://apps.who.int/iris/bitstream/10665/181468/1/9789241549158_eng.pdf?ua=1. Medical Eligibility Criteria for contraceptive use <http://www.who.int/rhl/es/> OMS. La biblioteca de Salud Reproductiva <http://www.who.int/rhl/fertility/contraception/es/> OMS. La biblioteca de Salud Reproductiva. Contracepción http://www.who.int/rhl/fertility/contraception/mec_story/es/ OMS. La biblioteca de Salud Reproductiva. Criterios de elegibilidad médica de la OMS para el uso de anticonceptivos http://www.fsrh.org/pages/clinical_guidance.asp FSRH is a faculty of the Royal College of Obstetricians and Gynaecologists established in 1997 as the Faculty of Sexual and Reproductive Healthcare. <https://www.cdc.gov/reproductivehealth/contraception/mmwr/mec/summary.html> US Medical Eligibility Criteria (US MEC) for Contraceptive Use, 2016

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