

Estudio Propio: **MÁSTER EN ENFERMEDAD INFLAMATORIA INTESTINAL PARA ENFERMERÍA**

Código Plan de Estudios: **EO64**

Año Académico: **2020-2021**

<b>ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:</b>							
CURSO	Obligatorios		Optativos		Prácticas Externas	Memoria/ Proyecto	Créditos
	Créditos	Nº Asignaturas	Créditos	Nº Asignaturas	Créditos	Créditos	
1º	54	1				6	60
2º							
3º							
<b>ECTS TOTALES</b>	<b>54</b>	<b>1</b>				<b>6</b>	<b>60</b>

<b>PROGRAMA TEMÁTICO:</b>				
<b>ASIGNATURAS OBLIGATORIAS</b>				
Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706010	1	ENFERMEDAD INFLAMATORIA INTESTINAL PARA ENFERMERÍA	OB	54
<b>MEMORIA /PROYECTO/TRABAJO FIN DE MÁSTER</b>				
Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706011	1	TRABAJO FIN DE MÁSTER	OB	6

Carácter: OB - Obligatoria; OP – Optativa

GUÍA DOCENTE

Año académico	2020/2021	
Estudio	Máster en Enfermedad Inflamatoria Intestinal para Enfermería (EO64)	
Nombre de la asignatura	ENFERMEDAD INFLAMATORIA INTESTINAL PARA ENFERMERÍA	
Carácter (Obligatoria/Optativa)	Obligatoria	
Créditos (1 ECTS=25 horas)	54	
Modalidad (elegir una opción)		Presencial
		Semipresencial
	X	On-line
Profesor/a responsable	Melchor Álvarez de Mon Soto	
Idioma en el que se imparte	Español	

**DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)**

Número de horas presenciales/on-line asistencia profesor/a	430
Número de horas de trabajo personal del estudiante	920
Total horas	1350

**CONTENIDOS (Temario)**

**Módulo 1: PRINCIPIOS GENERALES DE EII: ENFERMEDAD DE CROHN y COLITIS ULCEROSA: DIFERENCIAS Y SIMILITUDES**

I. Introducción:

- Epidemiología
- Etiopatogenia
- Fisiopatología
- Factores ambientales
- Clasificación

II. Manifestaciones clínicas

III. Comorbilidades

IV. Métodos de diagnóstico

**Módulo 2: PRINCIPIOS GENERALES DEL TRATAMIENTO DE LAS EII**

Mesalazinas

- Efectos adversos
- Interacciones farmacológicas
- Seguimiento del tratamiento
- Evaluación de la respuesta

II. Corticoides

- Efectos adversos
- Interacciones farmacológicas
- Seguimiento del tratamiento
- Evaluación de la respuesta

### III. Inmunosupresores

- Efectos adversos
- Interacciones farmacológicas
- Seguimiento del tratamiento
- Evaluación de la respuesta

### IV. Biológicos

- Efectos adversos
- Interacciones farmacológicas
- Seguimiento del tratamiento
- Evaluación de la respuesta
- Biosimilares

### V. Nuevas moléculas y otras alternativas

### VI. Tratamiento en situaciones especiales

- Embarazo
- Pediatría

### VI. Tratamiento del dolor

### VII. Tratamiento quirúrgico

### Indicaciones

### Tipos de cirugía

### VIII. Algoritmo-Esquema de Manejo del paciente con CU y EC

### **Módulo 3: CUIDADOS DEL PACIENTE OSTOMIZADO EN LA EII**

- I. ¿Qué es una ostomía?
- II. Tipos de ostomías
- III. Cuidados del estoma. Educación del paciente ostomizado
- IV. Tipos de dispositivos o bolsas. ¿Cómo elegir el más adecuado?
- V. Complicaciones del estoma
- VI. Consejos generales
  - Dieta
  - Deporte
  - Vida social
  - Viajes

### **Módulo 4: EDUCACIÓN PARA LA SALUD DEL PACIENTE CON EII**

- I. Cuestionarios para medir la calidad de vida
- II. Nutrición
- III. Ejercicio
- IV. Vacunas – estado inmunológico de los pacientes
- V. Viajes y EII
- VI. Hábito tabáquico
- VII. Adhesión al tratamiento
- VIII. Sexualidad y embarazo

### **Módulo 5: APOYO PSICOSOCIAL AL PACIENTE CON EII**

- I. Emociones de los pacientes con EII
- II. Transición del paciente pediátrico a paciente adulto
- III. Terapia del control del estrés
- IV. Terapia de relajación
- V. Estrategias de afrontamiento
- VI. Apoyo social
- VII. Comunicación y entrevista motivacional

## VIII. Redes sociales

### **Módulo 6: SEGUIMIENTO DEL PACIENTE CON EII (8 ECTS)**

#### I. Seguimiento del paciente con EII

- Visita de acogida
- Atención telemática
- Cambios o inicio de tratamientos
- Tratamientos subcutáneos
- Tratamientos endovenosos
- Actuación ante el brote agudo

#### II. Cuidados del paciente hospitalizado y postcirugía.

#### III. Manejo de la anemia y déficits vitamínicos por enfermería

#### IV. Embarazo y EII

#### V. Paciente pediátrico

### **Módulo 7: UNIDAD INTEGRAL DE EII**

#### I. Estructura de una Unidad Integral de EII

#### II. Atención multidisciplinar - Papel de los especialistas

#### III. Papel de enfermería especializada

#### IV: Gestión de casos

#### IV. Comunicación

#### V. Enfermedades Inmunomediadas

#### VI. Unidades Integrales

### **Módulo 8: INVESTIGACIÓN EN EII**

#### I. Trabajos científicos

#### II. Ensayos clínicos

#### III. Difusión, redacción de artículos científicos

#### IV. Actualización bases de datos

#### V. Metodología

#### VI. Requerimientos Legales

## **EVALUACIÓN**

Superación de la evaluación tipo test final de cada módulo con un 70% de respuestas acertadas. Los exámenes consistirán en exámenes tipo test con 4 posibles respuestas de las cuales solo una es correcta. Deberá superar todos los exámenes para considerarse aprobada la asignatura.

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## GUÍA DOCENTE

Año académico	2020/2021	
Estudio	Máster en Enfermedad Inflamatoria Intestinal para Enfermería (EO64)	
Nombre de la asignatura	TRABAJO FIN DE MÁSTER	
Carácter (Obligatoria/Optativa)	OB	
Créditos (1 ECTS=25 horas)	6	
Modalidad (elegir una opción)	<input type="checkbox"/>	Presencial
	<input type="checkbox"/>	Semipresencial
	<input checked="" type="checkbox"/>	On-line
Profesor/a responsable	Melchor Álvarez de Mon Soto	
Idioma en el que se imparte	Español	

### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	50
Número de horas de trabajo personal del estudiante	100
Total horas	150

### CONTENIDOS (Temario)

Realización de un Trabajo fin de master cuyo tema será acordado por el tutor de cada alumno

### EVALUACIÓN

Se evaluará el trabajo realizado así como su defensa y presentación ante el tribunal del TFM, que se realizará de forma virtual.

### BIBLIOGRAFÍA

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