

Estudio Propio: **CERTIFICADO DE FORMACIÓN PERMANENTE EN INTERNATIONAL STUDIES**

Código Plan de Estudios: **FC56**

Año Académico: **2023-2024**

ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:

CURSO	Obligatorios		Optativos		Prácticas Externas	TFM/Memoria/ Proyecto	Créditos Totales
	Créditos	Nº Asignaturas	Créditos	Nº Asignaturas	Créditos	Créditos	
1º	4,5	1	13,5	3			18
2º							
3º							
ECTS TOTALES	4,5	1	13,5	3			18

PROGRAMA TEMÁTICO:

ASIGNATURAS OBLIGATORIAS

Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706193	1	INTRODUCTION TO SPAIN	OB	4,5

ASIGNATURAS OPTATIVAS (Se deberán elegir 3 asignaturas)

Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
707519	1	THE RISE OF AUTHORITARIANISM IN THE U.S. AND EUROPE	OP	4,5
707520	1	INTERNATIONAL PRINCIPLES OF MANAGEMENT	OP	4,5
707521	1	INTERNATIONAL JUSTICE IN SPAIN	OP	4,5
707522	1	GENOCIDE, MASS CRIMES AND ATROCITIES AGAINST CIVILIAN POPULATIONS	OP	4,5
707523	1	INTRODUCTION TO FINANCIAL ANALYSIS	OP	4,5
707524	1	SPANISH ART AND LITERATURE THROUGH THE AGES	OP	4,5
707525	1	SEXUAL VICTIMIZATION	OP	4,5
707526	1	PERSONAL EMPOWERMENT	OP	4,5
707527	1	USING MIND-BODY TECHNIQUES TO INCREASE PERFORMANCE AND PROMOTE WELLNESS	OP	4,5

Carácter: OB - Obligatoria; OP – Optativa

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	INTRODUCTION TO SPAIN	
Carácter (Obligatoria/Optativa)	obligatoria	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	José Antonio Gurpegui, Antonio Fernández	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

José Antonio Gurpegui, Antonio Fernández

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

This course will provide a broad general knowledge of Spanish civilization and culture, from its prehistory to the present day. It will examine the importance of Spain in history and events in broader international contexts, specifically those concerning Western Europe and the Americas. Students will investigate Spanish culture in its many diverse representations, examining cultural expressions in terms of their universality and authenticity. Topics will be linked to issues of cultural-political identity in contemporary Spain.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

General knowledge of the different autonomous communities, their customs, languages and traditions.
 General knowledge of literary works that have had international projection.
 To know the cultural differences that differentiate Spain from the rest of the European countries due to its history.
 To analyze the importance of Spain as a link between the New World and the old continent.

EVALUACIÓN

Continuous evaluation and two exams: one quarterly and one final.

BIBLIOGRAFÍA

Obligatorio: Spanish Vignettes. An offbeat look into Spain's culture, society and history, by Norman Berdichevsky. Santana Books.

Los estudiantes pueden encontrar este libro en Reprografía.

Libros recomendados:

Barton, Simon. *A History of Spain*. London: Palgrave Macmillan, 2009.

Beevor, Antony. *The Battle for Spain: The Spanish Civil War 1936-1939*. London: Cassell, 1999.

Carr, Raymond. *Modern Spain: 1875-1980*. Oxford: Oxford University Press, 2001.

Graham, Helen, and Jo Labanvi. *Spanish Cultural Studies: An Introduction: The Struggle for Modernity*. Oxford: Oxford University Press, 1996.

Williams, Mark. *The Story of Spain*. Malaga: Santana, 2010.

Williams, Raymond. *Keywords: A Vocabulary of Culture and Society*. London: Fontana, 2010.

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	THE RISE OF AUTHORITARIANISM IN THE U.S. AND EUROPE	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Mary E. Kelly	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Mary E. Kelly

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

Students will learn about the historical and contemporary issues surrounding authoritarianism. They will use theories and case studies to understand the variables that can contribute to authoritarianism.

- The course will focus on events that are happening currently and will be updated as warranted.
 - The course should be interesting for anyone who is concerned about global inequality, current global social issues, and the future of democracy.
 - Taking this course will help you to understand the events of today and the near past. You will have a better idea about what you can do to participate in understanding and contributing to social change.
- Class Description This course will explore the history and current social and political concerns about increasing authoritarianism in Europe (especially Russia) and the U.S. The class will focus on the complex choices ahead for these governments and people.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Understand the causes and consequences of authoritarianism and nationalism today.
- Apply theories of authoritarianism to the U.S. and Europe.
- Analyze and evaluate the concerns surrounding authoritarianism and nationalism (especially white nationalism).

EVALUACIÓN

- Activities out of the classroom. Total 10 %.
- Exams. Mid-term and a final essay exam Total 25 %.
- Written work. Total 25 %
- Participation. High participation: students are attentive in class, ask relevant questions, make comments, and answer questions. They show interest and are active note takers. Low participation: students seem bored or uninterested, don't ask questions, don't make comments and almost never participate in debates, discussions or answer questions. Total 25%
- Case Study Analysis. Total 15%

BIBLIOGRAFÍA

Snyder, Timothy. 2019. The Road to Unfreedom. NY: The Duggan Books. Snyder, Timothy. 2017. On Tyranny. NY: The Duggan Books. Contemporary articles on the topic

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	INTERNATIONAL PRINCIPLES OF MANAGEMENT	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Jaclyn K. Brandhorst	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Jaclyn K. Brandhorst

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

This course is designed to explore the management of organizations in an international context. We will examine the role of culture, organizational strategy, and behavior cross-culturally to help you develop and apply the skills necessary to manage effectively in organizations. Globalization, rapid expansion of technology, and an increasingly diverse workforce require today's managers to be attune to differences and capable of adopting management principles that recognize and account for a multi-cultural workforce.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Explain the roles and responsibilities managers fulfill in organizations
- Describe the four functions of management Organizational Structures
- Distinguish between common organizational structures
- Analyze the advantages and disadvantages of organizational structure types
- Explain how organizational characteristics such as formalization, specialization, and centralization influence how the organization is structured and functions Strategic Planning & Control
- Identify how managers formulate and implement strategic plans

EVALUACIÓN

This course is team-based and will quickly require the students to be able to apply course concepts to case studies and class discussions. All class periods include an opportunity to earn participation points (via activities, discussions, free-writes, etc).

BIBLIOGRAFÍA

Schermerhorn, J. R., & Bachrach, D. G. (2020). Management. Wiley. Luthans, F., & Doh, J. P. (2021). International Management: Culture, Strategy, and Behavior. McGraw Hill. (available online) *Other readings available via Blackboard

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	INTERNATIONAL JUSTICE IN SPAIN	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Jennifer Varriale Carson	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Jennifer Varriale Carson

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

This course will provide an overview of the administration of criminal justice around the world, with a focus on comparing Spain with the U.S. system. We will discuss international crime trends centering on the issues inherent to comparing crime data between countries. This course will also provide a look at how various states approach policing, the courts, and corrections. Visits to area agencies will compliment discussions of how Spain is both similar and different from the U.S. system.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

1. Identify issues with comparative criminological data
2. Discuss crime patterns throughout the world
3. Compare and contrast the administration of justice in a variety of countries, particularly that of Spain
4. Identify how U.S. crime control policies have been adopted in other countries and comment on their varying degrees of success

EVALUACIÓN

The evaluation of this course is as follows:

Group presentations 50%

Comparative paper 10%

Exams 20%

Participation 20%

BIBLIOGRAFÍA

International Justice and the International Criminal Court: Between Sovereignty and the Rule of Law (Oxford Monographs in International Law) 2nd Edition

International Justice Against Impunity: Progress and New Challenges 2nd ed. Edition

Kleffner, Jann Complementarity in the Rome Statute and National Criminal Jurisdictions (International Courts and Tribunals Series)

Schabas, William Unimaginable Atrocities: Justice, Politics, and Rights at the War Crimes Tribunals

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	GENOCIDE, MASS CRIMES AND ATROCITIES AGAINST CIVILIAN POPULATIONS	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Charmaine Perkins	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Charmaine Perkins,

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

For students interested in human rights and contemporary conflicts where civilian populations, whether in conflict/war or relative peace, are targeted and often seen euphemistically as “collateral damage,” this course takes you through significant moments in the 20th century from wars, the emergence of an international community (the United Nations) and the creation of laws to prevent the “crime of crimes,” genocide and crimes against humanity. I invite students to reflect on the past to understand key legal frameworks, how they have developed and evolved, and how they shape our understandings of contemporary issues. What are our collective and individual responsibilities to advocate for the protection of others facing grave human rights violations and atrocities in our interconnected (global) community?

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

By the end of this course, students should have developed skills and tools to:

- Work cooperatively in small groups/teams
- Present an academic article to the class that highlights how it relates to the overall course concepts and facilitate class discussion

- Produce independent written work: short reflective pieces and a research paper
- Contribute to class discussions

EVALUACIÓN

Seminar Presentation 10% Seminar Participation 15% Critical Paper 20% Shorter responses to readings/current issues 15% 2 Exams 40% (20% each: a mid-term and final)

BIBLIOGRAFÍA

Rafter, N. (2002). *The crime of all crimes: Toward a criminology of genocide*. New York University Press.

5 Sample of past online academic articles: (these will be revised for this course). Readings: Campbell, K. (2007). The gender of transitional justice: law, sexual violence and the ICTY. *The International journal of transitional justice*, 1(3), pp. 411-432. Cooke-Welling, A. (2012). Genocide is a neglected area of criminological inquiry. *Mediterranean Quarterly*, 23(4), pp. 119-135. Hagan, J., Raymond-Richmond, W. & Parker, P. (2005). The criminology of genocide: the death and rape of Darfur. *Criminology*, 43(3), pp. 525-562. Jarvis, M. & Tieger, A. (2016). Applying the Genocide Convention at the ICTY. *Journal of International Criminal Justice*, 14(4), pp. 857-877.

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	INTRODUCTION TO FINANCIAL ANALYSIS	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	David Birkett	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

David Birkett

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

Understand what stocks and bonds are and how to calculate their value. Why did SVB fail? You will have a clear understanding of this after the course. Do you want to be able to know if an investment is worth the money you are putting at risk? Are you interested in how business make investment decisions?

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Understand the three primary financial statements
- How do businesses raise funds for investments?
- Evaluate the Income Statement
- Calculate the cost of running a business

EVALUACIÓN

PARTICIPATION 15%
NOTE TAKING AND ASSIGMENTS 15 %
MIDTERM EXAMS 30%
FINAL EXAMS 30%
ORAL PRESENTATION 10%

BIBLIOGRAFÍA

- Financial Analysis 101: An Introduction to Analyzing Financial Statements for beginners
- Introduction to Financial Reporting and Analysis (3 part books for University of Michigan)
- Introduction to Financial Analysis
Kenneth S. Bigel, New York City, New York
Copyright Year: 2022

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	SPANISH ART AND LITERATURE THROUGH THE AGES	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Daniel Gilhooly	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Daniel Gilhooly

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

This course will provide students an introduction to Spain's rich artistic traditions of painting/photography and literature. The course will include site visits throughout Madrid and the region that provide students the opportunity to view and reflect on Spanish art, history, literature, and culture. Our explorations will range from coursework to seeing films based on some of our readings, and taking tours of famous literary haunts in Alcalá and Madrid. We will watch Flamenco dancers as they tell stories through dance, and we will talk with people who may have different perspectives from our own. This course provides an overview of Spanish art and literature while enhancing our confidence in the ability to write our own stories. Students are encouraged to think critically, develop evaluation skills and use what is learned to become stronger readers and writers.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Competency One: Writing with clarity and purpose, using the correct format, structure, and documentation.
- Competency Two: Presenting and interacting in public, group, and interpersonal settings.
- Competency Three: Thinking creatively and critically.
- Competency Four: Knowledge and appreciation of literature, languages and the arts

EVALUACIÓN

PARTICIPATION 25 %

ACTIVITIES AND FIELD TRIPS 25 %

Final reflection paper 25 %

ORAL PRESENTATION 25 %

BIBLIOGRAFÍA

The Literature of the Spanish People: From Roman Times to the Present Day

Art and Ritual in Golden-Age Spain

Susan Verdi Webster

The arts in Spain (English edition)

john f. Moffitt

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	SEXUAL VICTIMIZATION	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Katelyn P. Hancock	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Katelyn P. Hancock

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

Over half a century of research has documented the occurrence of sexual violence. More recently, the media's attention has further increased the focus on this type of problem behavior. This course is designed to provide a comprehensive overview of sexual violence. In doing so, both victimization and offending experiences will be discussed. This course covers sexual victimization definitions and prevalence, consent and college campuses, theory and risk factors, what is sexual offending, prevention and responses, contemporary issues in sexual violence, and transatlantic characteristics of sexual violence. Sexual violence is a pervasive issue and learning about issues surrounding it can increase awareness about this important topic, as well as potentially help prepare students for future criminal justice related careers.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Describe and analyze the ways in which the criminal justice system and social services responds to sexual violence.
- Evaluate prevention of sexual violence efforts.
- Develop critical thinking skills through the assessment and evaluation of course readings.
- Articulate similarities and differences in the media's response to sexual violence across the globe.

EVALUACIÓN

PARTICIPATION 10% (10 points)

IN-CLASS ACTIVITIES & FIELD TRIPS 20% (20 points)

WRITTEN WORK/WEEKLY WRITING 40% (40 points)

QUIZZES 10% (10 points)

ORAL PRESENTATION 20% (20 points)

TOTAL 100% (100 points)

BIBLIOGRAFÍA

The development of a comprehensive measure of the sexual victimization of college women. J Belknap, BS Fisher, FT Cullen - Violence Against Women, 1999

The psychology of sexual victimization: A handbook. MA Paludi - 1999 -

Sexual victimization: Then and now. TN Richards, CD Marcum - 2014

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	PERSONAL EMPOWERMENT	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Liza De Stefano Johnson	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Liza De Stefano Johnson

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

Personal Empowerment develops the core skills necessary to be successful in making sustained and positive change. This course will focus on five components of emotional intelligence (EQ): self-awareness, self-management, empathy, relationship management, and responsible decision-making. The course provides high levels of student engagement and group interaction in a setting which promotes cohort support of change and growth by the individual student. Upon completion of the course, students will improve their awareness and ability to recognize their emotions and other people's emotions and use this awareness to manage their behavior and relationships. The World Economic Forum has ranked EQ as one of the top 10 skills for the fourth industrial revolution in 2020 and beyond. Additionally, research shows that EQ leads to increased academic achievement, student retention, better mental health, and greater career success. In this course, students will learn about and improve their emotional intelligence. Students, faculty, and staff who completed this course in the past showed significant growth in core emotional intelligence competencies compared to control groups, and reported significant increases in the ability to connect with self and others. For the full case study, please visit 6seconds.org/cases/ud.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- Apply the eight competencies of the KCG model to improve self-awareness, self-management,

empathy, relationship management, and decision-making.

- Implement evidence-based techniques to improve one's own behavior, decision-making, and interactions with others.
- Demonstrate empathy and understanding of other people's values, beliefs, thoughts, actions, and related outcomes in a non-judgmental manner and develop interactions in which the student can discuss the same. Demonstrate increased social competencies in communication, conflict management, leadership, collaboration, and teamwork.

EVALUACIÓN

Participation 36%

Written work 17%

Reading Reflections 17%

Exam 15%

Oral Presentation 15%

BIBLIOGRAFÍA

Know. Choose. Give.:A practical guide for personal & professional success using the Six Seconds emotional intelligence framework by Liza D. Johnson, Ed.D. ISBN # 9781935667483 Emotional Intelligence 2.0 by Travis Bradberry ISBN # 9780974320625

GUÍA DOCENTE

Año académico	2023-2024	
Estudio	Certificado de Formación Permanente en International Studies	
Nombre de la asignatura	USING MIND-BODY TECHNIQUES TO INCREASE PERFORMANCE AND PROMOTE WELLNESS	
Carácter (Obligatoria/Optativa)	optativa	
Créditos (1 ECTS=25 horas)	4,5	
Modalidad (elegir una opción)	X	Presencial (más del 80% de las sesiones son presenciales)
		Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
		Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	Mark Lepore	
Idioma en el que se imparte	Inglés	

PROFESORES IMPLICADOS EN LA DOCENCIA

Mark Lepore

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	40
Número de horas de trabajo personal del estudiante	72,5
Total horas	112,5

CONTENIDOS (Temario)

This course will cover several aspects surrounding the role of psychology and emotional competencies as they relate to the enhancement of performance and wellness. The course will explore physical, cognitive, emotional, and spiritual aspects of our ourselves and how we react to stress. Through lectures, experiential exercises, readings, and discussions this class will provide a balance between practice and theory.

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

1. Utilize emotional intelligence practices to enhance skill development and wellness.
2. Analyze assessment procedures, program goals, and strategies, for performance and wellness enhancement.
3. Evaluate self-esteem and self-concept as it relates to progression of skills.

EVALUACIÓN

ATTENDANCE 25 %

IN-CLASS ACTIVITIES 25 %
QUIZZES 25 %
PERSONAL PERFORMANCE PLAN 25 %

BIBLIOGRAFÍA

Rotella, B. (1999). Life is not a game of perfect: Finding your real talent and making it work for you. Simon and Schuster.