

Estudio Propio: **DIPLOMA DE EXPERTO EN ANTICONCEPCIÓN PARA MIR**

Código Plan de Estudios: **FA28**

Año Académico: **2022-2023**

ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:							
CURSO	Obligatorios		Optativos		Prácticas Externas	TFM/Memoria/ Proyecto	Créditos Totales
	Créditos	Nº Asignaturas	Créditos	Nº Asignaturas	Créditos	Créditos	
1º	18	1					18
2º							
3º							
CRÉDITOS TOTALES	18	1					18

PROGRAMA TEMÁTICO:				
ASIGNATURAS OBLIGATORIAS				
Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706279	1	MANEJO DE LA ANTICONCEPCIÓN PARA MIR	OB	18

Carácter: OB - Obligatoria; OP – Optativa

GUÍA DOCENTE

Año académico	2022-2023	
Estudio	Diploma de Experto en Anticoncepción para MIR	
Nombre de la asignatura	MANEJO DE LA ANTICONCEPCIÓN PARA MIR	
Carácter (Obligatoria/Optativa)	OBLIGATORIA	
Créditos (1 ECTS=25 horas)	18	
Modalidad (elegir una opción)	<input type="checkbox"/>	Presencial (más del 80% de las sesiones son presenciales)
	<input type="checkbox"/>	Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
	<input checked="" type="checkbox"/>	Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	M ^a JESÚS CANCELO HIDALGO	
Idioma en el que se imparte	CASTELLANO	

PROFESORES IMPLICADOS EN LA DOCENCIA

ANGEL MARTÍNEZ MARTÍN	M ^a JOSÉ PUENTE
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LOURDES GABASA GORBAS	RAFAEL SÁNCHEZ BORREGO
M ^a JESÚS ALONSO	SERGIO HAIMOVICH
M ^a JESÚS CANCELO	SILVIA TAPIADOR

DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	150
Número de horas de trabajo personal del estudiante	300
Total horas	450

CONTENIDOS (Temario)

SITUACIÓN ACTUAL DE LA ANTICONCEPCIÓN EN ESPAÑA Y EUROPA
MITOS EN ANTICONCEPCIÓN

ANATOMÍA DEL APARATO GENITAL FEMENINO Y MASCULINO
PRINCIPIOS ACTIVOS EN ANTICONCEPCIÓN Y REPRODUCCIÓN
PAPEL DE LAS HORMONAS EN LA SEXUALIDAD
REGULACIÓN DEL CICLO MENSTRUAL
FARMACOCINÉTICA Y FARMACODINAMIA DE AH
HISTORIA DE LA ANTICONCEPCIÓN
MÉTODOS NATURALES Y MÉTODOS BARRERA
ANTICONCEPCIÓN HORMONAL COMBINADA
ANTICONCEPCIÓN CON SOLO GESTÁGENOS
ANTICONCEPCIÓN INTRAUTERINA
ANTICONCEPCIÓN DE URGENCIA
DOBLE MÉTODO
ANTICONCEPCIÓN QUIRÚRGICA FEMENINA Y MASCULINA
GENERALIDADES SOBRE LOS BENEFICIOS DE LOS MÉTODOS ANTICONCEPTIVOS
INTERACCIONES MEDICAMENTOSAS EN TRATAMIENTOS HABITUALES
CME. CONFERENCIA DE CONSENSO SEC
ASESORAMIENTO ANTICONCEPTIVO (Requisitos para la anticoncepción)
ASESORAMIENTO ANTICONCEPTIVO EN ITS
ASESORAMIENTO ANTICONCEPTIVO EN LA ADOLESCENCIA
ASESORAMIENTO ANTICONCEPTIVO EN LA PERIMENOPAUSIA
ASESORAMIENTO ANTICONCEPTIVO EN POSTPARTO Y LACTANCIA
ASESORAMIENTO ANTICONCEPTIVO POST-ABORTO. ESTRATEGIAS PARA EVITAR ABORTOS DE REPETICIÓN
ASESORAMIENTO ANTICONCEPTIVO EN ALTERACIONES DE LA HEMOSTASIA Y PATOLOGÍA
CARDIOVASCULAR
ASESORAMIENTO ANTICONCEPTIVO EN ENDOCRINOPATÍAS
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON OBESIDAD
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON HIPERANDROGENISMO/ SOP
ASESORAMIENTO ANTICONCEPTIVO EN PATOLOGÍA GENITAL Y MAMARIA BENIGNA
ASESORAMIENTO ANTICONCEPTIVO EN PATOLOGÍA DIGESTIVA
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON CÁNCER GINECOLÓGICO Y NO GINECOLÓGICO
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON DISCAPACIDAD PSÍQUICA
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON PATOLOGÍA PSIQUIÁTRICA
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON PATOLOGÍA NEUROLÓGICA
ATENCIÓN EN SITUACIONES DE VIOLENCIA DE GÉNERO
DIVERSIDAD CULTURAL Y SSR Y ANTICONCEPCIÓN
ANTICONCEPCIÓN Y CALIDAD DE VIDA
ASPECTOS LEGALES EN ANTICONCEPCIÓN Y SSR. CASOS CLÍNICOS
ANTICONCEPCIÓN EN TIEMPOS DE PANDEMIA
CASOS CLÍNICOS

COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)

- El alumno estará capacitado para realizar un asesoramiento anticonceptivo basado en la evidencia, de forma individualizada conociendo y transmitiendo sobre los riesgos, beneficios, cumplimiento.
- El alumno estará capacitado para resolver las dudas que le planteen las usuarias en su práctica clínica.
- El alumno será capaz de realizar la historia clínica a la usuaria en anticoncepción.

EVALUACIÓN

5 exámenes tipo test
Resolución de 20 casos clínicos en anticoncepción

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Accesible en

<http://www.un.org/en/development/desa/population/publications/pdf/family/trendsContraceptiveUse2015Report.pdf>

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Accesible en:

<http://www.un.org/en/development/desa/population/publications/dataset/contraception/wcu2018.shtml>

Contraception Atlas Accesible en: <https://www.contraceptioninfo.eu/node/7>

Who Model List of Essential Medicines 20th List (March 2017) Accesible en:

https://www.who.int/medicines/publications/essentialmedicines/20th_EML2017.pdf?ua=1

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Characteristics and metabolic effects of estrogen and progestins contained in oral contraceptive pills. *Best Pract. Res. Clin. Endocrinol. Metab.* [Internet]. 2013b Feb [cited 2018 Nov 16];27(1):13–24. Available from: <http://www.ncbi.nlm.nih.gov/pubmed/23384742> Stanczyk FZ, Archer DF, Bhavnani BR. Ethinyl estradiol and 17 β -estradiol in combined oral contraceptives: pharmacokinetics, pharmacodynamics and risk assessment. *Contraception* [Internet]. Elsevier; 2013 Jun 1 [cited 2018 Nov 18];87(6):706–27.

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http://apps.who.int/iris/bitstream/10665/205016/1/WHO_RHR_15.07_spa.pdf?ua=1 Resumen ejecutivo de la 5ª ed, Criterios médicos de elegibilidad para la elección de método anticonceptivo

http://apps.who.int/iris/bitstream/10665/181468/1/9789241549158_eng.pdf?ua=1. Medical Eligibility

Criteria for contraceptive use ♣<http://www.who.int/rhl/es/> OMS. La biblioteca de Salud Reproductiva

<http://www.who.int/rhl/fertility/contraception/es/> OMS. La biblioteca de Salud Reproductiva.

Contracepción http://www.who.int/rhl/fertility/contraception/mec_story/es/ OMS. La biblioteca de Salud Reproductiva. Criterios de elegibilidad médica de la OMS para el uso de anticonceptivos

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POSIBLE ADAPTACIÓN CURRICULAR POR CAUSA DE FUERZA MAYOR (COVID-19, ETC.)

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