

Estudio Propio: **DIPLOMA DE EXPERTO EN ANTICONCEPCIÓN PARA MATRONAS**

Código Plan de Estudios: **FA27**

Año Académico: **2024-2025**

<b>ESTRUCTURA GENERAL DEL PLAN DE ESTUDIOS:</b>							
CURSO	Obligatorios		Optativos		Prácticas Externas	TFM/Memoria/ Proyecto	Créditos Totales
	Créditos	Nº Asignaturas	Créditos	Nº Asignaturas	Créditos	Créditos	
1º	18	1					18
2º							
3º							
<b>ECTS TOTALES</b>	<b>18</b>	<b>1</b>					<b>18</b>

<b>PROGRAMA TEMÁTICO:</b>				
<b>ASIGNATURAS OBLIGATORIAS</b>				
Código Asignatura	Curso	Denominación	Carácter OB/OP	Créditos
706278	1	MANEJO DE LA ANTICONCEPCIÓN PARA MATRONAS	OB	18

Carácter: OB - Obligatoria; OP – Optativa

## GUÍA DOCENTE

Año académico	2024-2025	
Estudio	Diploma de Experto en Anticoncepción para Matronas	
Nombre de la asignatura	MANEJO DE LA ANTICONCEPCIÓN PARA MATRONAS	
Carácter (Obligatoria/Optativa)	OBLIGATORIA	
Créditos (1 ECTS=25 horas)	18	
Modalidad (elegir una opción)	<input type="checkbox"/>	Presencial (más del 80% de las sesiones son presenciales)
	<input type="checkbox"/>	Híbrida (sesiones on-line entre el 40% y 60%, resto presencial)
	<input checked="" type="checkbox"/>	Virtual (al menos el 80% de las sesiones son on-line o virtuales)
Profesor/a responsable	M <sup>a</sup> JESÚS CANCELO HIDALGO	
Idioma en el que se imparte	CASTELLANO	

### PROFESORES IMPLICADOS EN LA DOCENCIA

ENRIQUETA BARRANCO ESTHER DE LA VIUDA EZEQUIEL PÉREZ CAMPOS FÁTIMA LEÓN INMACULADA PARRA ISABEL RAMÍREZ JOAQUÍN GARCÍA CERVERA JOSÉ M <sup>a</sup> MARI JUAN JOSÉ VICENTE GONZÁLEZ M <sup>a</sup> JESÚS ALONSO M <sup>a</sup> JESÚS CANCELO	M <sup>a</sup> JOSÉ PUENTE MACARENA QUESADA MARTA CORREA MARTA LEGORBURU MODESTO REY NICOLÁS MENDOZA NURIA PARERA PALOMA LOBO RAFAEL SÁNCHEZ BORREGO SERGIO HAIMOVICH SILVIA TAPIADOR
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### DISTRIBUCIÓN DE CRÉDITOS (especificar en horas)

Número de horas presenciales/on-line asistencia profesor/a	150
Número de horas de trabajo personal del estudiante	300
Total horas	450

### CONTENIDOS (Temario)

SITUACIÓN ACTUAL DE LA ANTICONCEPCIÓN EN ESPAÑA Y EUROPA  
MITOS EN ANTICONCEPCIÓN  
ANATOMÍA DEL APARATO GENITAL FEMENINO Y MASCULINO  
PRINCIPIOS ACTIVOS EN ANTICONCEPCIÓN Y REPRODUCCIÓN  
PAPEL DE LAS HORMONAS EN LA SEXUALIDAD  
REGULACIÓN DEL CICLO MENSTRUAL  
FARMACOCINÉTICA Y FARMACODINAMIA DE AH

HISTORIA DE LA ANTICONCEPCIÓN  
MÉTODOS NATURALES Y MÉTODOS BARRERA  
ANTICONCEPCIÓN HORMONAL COMBINADA  
ANTICONCEPCIÓN CON SOLO GESTÁGENOS  
ANTICONCEPCIÓN INTRAUTERINA  
ANTICONCEPCIÓN DE URGENCIA  
DOBLE MÉTODO  
ANTICONCEPCIÓN QUIRÚRGICA FEMENINA Y MASCULINA  
GENERALIDADES SOBRE LOS BENEFICIOS DE LOS MÉTODOS ANTICONCEPTIVOS  
INTERACCIONES MEDICAMENTOSAS EN TRATAMIENTOS HABITUALES  
CME. CONFERENCIA DE CONSENSO SEC  
ASESORAMIENTO ANTICONCEPTIVO (Requisitos para la anticoncepción)  
ASESORAMIENTO ANTICONCEPTIVO EN ITS  
ASESORAMIENTO ANTICONCEPTIVO EN LA ADOLESCENCIA  
ASESORAMIENTO ANTICONCEPTIVO EN LA PERIMENOPAUSIA  
ASESORAMIENTO ANTICONCEPTIVO EN POSTPARTO Y LACTANCIA  
ASESORAMIENTO ANTICONCEPTIVO POST-ABORTO. ESTRATEGIAS PARA EVITAR ABORTOS DE REPETICIÓN  
ASESORAMIENTO ANTICONCEPTIVO EN ALTERACIONES DE LA HEMOSTASIA Y PATOLOGÍA CARDIOVASCULAR  
ASESORAMIENTO ANTICONCEPTIVO EN ENDOCRINOPATÍAS  
ASESORAMIENTO ANTICONCEPTIVO EN MUJERES CON OBESIDAD  
EDUCACIÓN MATERNAL: ASESORAMIENTO ANTICONCEPTIVO  
LA ATENCIÓN A LA SALUD SEXUAL Y REPRODUCTIVA: SEXUALIDAD EN EMBARAZO Y PUERPERIO  
ATENCIÓN EN SITUACIONES DE VIOLENCIA DE GÉNERO  
DIVERSIDAD CULTURAL Y SSR Y ANTICONCEPCIÓN  
ANTICONCEPCIÓN Y CALIDAD DE VIDA  
CASOS CLÍNICOS

#### **COMPETENCIAS ESPECÍFICAS (indicar un mínimo de tres y máximo de cinco)**

- El alumno estará capacitado para realizar un asesoramiento anticonceptivo basado en la evidencia, de forma individualizada conociendo y transmitiendo sobre los riesgos, beneficios, cumplimiento.
- El alumno estará capacitado para resolver las dudas que le planteen las usuarias en su práctica clínica.
- El alumno será capaz de realizar la historia clínica a la usuaria en anticoncepción.

#### **EVALUACIÓN**

5 exámenes tipo test  
Resolución de 20 casos clínicos en anticoncepción

#### **BIBLIOGRAFÍA**

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Accesible en

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[http://apps.who.int/iris/bitstream/10665/205016/1/WHO\\_RHR\\_15.07\\_spa.pdf?ua=1](http://apps.who.int/iris/bitstream/10665/205016/1/WHO_RHR_15.07_spa.pdf?ua=1) Resumen ejecutivo de la 5ª ed, Criterios médicos de elegibilidad para la elección de método anticonceptivo  
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