

	BIOGRAPHICAL SKETCH			
	NAME: Escobar-Morreale, Héctor F.	POSITION TITLE: Professor of Medicine - Head of the Department of Endocrinology and Nutrition		
	BIRTH DATE & LOCATION:			
	Sept 28, 1963, Madrid, Spain			
	EDUCATION: INSTITUTION	DEGREE	YEAR(s)	FIELD OF STUDY
Universidad Autónoma de Madrid		M.D.	1987	Medicine & Surgery
Hospital Universitario Ramón y Cajal		Specialist	1992	Endocrinology & Nutrition
Universidad Autónoma de Madrid		Ph.D.	1994	Medicine & Surgery

A. Positions and Honors.

Positions and Employment

- 1989-1992 Medical Residency, Endocrinology & Nutrition, Hospital Ramón y Cajal, Madrid
 1993-1994 PreDoctoral Fellow, Molecular Endocrinology Unit, Instituto de Investigaciones Biomédicas, Spanish Research Council, Madrid
 1994-1997 Assistant Physician, Emergency Room and Department of Endocrinology, Hospital Ramón y Cajal, Madrid
 1997-2013 Assistant in Endocrinology, Department of Endocrinology, Hospital Ramón y Cajal, Madrid
 2005-2011 Associate Professor of Medicine, University of Alcalá, Madrid
 2008-present Director of the Diabetes, Obesity and Human Reproduction Research Group, Centro de Investigación Biomédica en Red Diabetes y Enfermedades Metabólicas Asociadas CIBERDEM
 2009-present Co-Chairman, Section of Cardiometabolism and Systems Pathology, Instituto Ramón y Cajal de Investigación Sanitaria IRYCIS.
 2011-present Profesor of Medicine & Endocrinology, University of Alcalá.
 2014-present Head, Department of Endocrinology & Nutrition, Hospital Universitario Ramón y Cajal.

Expertscape.com Worldwide Ranking: #1 in virilization and in hyperandrogenism, #5 in polycystic ovary syndrome, #8 in hirsutism.

Other Experience and Professional Memberships

- Certificate of the Educational Commission for Foreign Medical Graduates, Philadelphia, PA, February 1989.
- Associate Editor: Human Reproduction (2009-12).
- Editorial Boards: The Journal of Clinical Endocrinology & Metabolism (two 4-yr terms), Journal of Endocrinological Investigation; Treatments in Endocrinology, American Journal of Clinical and Experimental Obstetrics and Gynecology
- Reviewer: more than 100 journals including, among others, The Lancet, JAMA, Annals of Internal Medicine, Archives of Internal Medicine, Diabetes, The Journal of Clinical Endocrinology & Metabolism, Endocrinology, Diabetes Care, Proteomics, PLoS ONE, American Journal of Physiology Endocrinology & Metabolism, American Journal of Respiratory Cell and Molecular Biology, Canadian Medical Association Journal, Journal of Molecular Medicine, Molecular Human Reproduction, Human Reproduction, Fertility and Sterility, Clinical Endocrinology, International Journal of Obesity, European Journal of Endocrinology, Molecular Genetics and Metabolism and Thyroid.
- Boards: Secretary-Treasurer, Androgen Excess Society 2002-2005, Chairman, Guidelines Committee, Androgen Excess Society 2011-2013, Director-At-Large, Androgen Excess Society 2012-2016.
- Memberships: Spanish Society of Endocrinology and Nutrition (1989-), Endocrine Society (2000-), Androgen Excess Society (2002-), New York Academy of Sciences (2010), European Society of Endocrinology (2012-).
- Supervisor - Hormone immunochemiluminescent assays, Endocrinology Laboratory, Hospital Ramón y Cajal (1998-2013)
- Hospital Ramón y Cajal Advisory Committees: Mortality Control Advisory Committee, Clinical Research Advisory Committee, Research Strategic Committee.

Honors

- 2001 Serono Award for Research in Endocrinology, Spanish Society of Endocrinology and Nutrition
 2005, 2006, 2008, 2015 Almirall Award for Research in Vascular Risk Factors, Spanish Society of Endocrinology & Nutrition
 2008 Outstanding Reviewer Recognition Award, Journal of Clinical Endocrinology and Metabolism, Endocrine Society.
 2013 & 2018 Outstanding Reviewer, Human Reproduction, European Society of Human Reproduction & Embryology.
 2018 Certificate in Outstanding Contribution in Reviewing, Metabolism, Elsevier
 2019 Walter Futterweit Award on Excellence in Clinical Research on Androgen Excess Disorders. AE&PCOS Society

B. Publication record:

B.1: h index: 51; cumulative impact-factor according to ISI WoK 2018: 1145, mean impact factor: 5.5

B.2. Selected peer-reviewed publications (in chronological order, 25 from 193 peer-reviewed publications in International Journals)

1. Replacement therapy for hypothyroidism with thyroxine alone does not ensure euthyroidism in all tissues, as studied in thyroidectomized rats. H. F. Escobar-Morreale, M^a. J. Obregón, F. Escobar del Rey, G. Morreale De Escobar. J Clin Invest 1995; 96:2828-2838.
2. Only the combined treatment with thyroxine and triiodothyronine ensures euthyroidism in all tissues of the thyroidectomized rat. H. F. Escobar-Morreale, F. Escobar del Rey, M^a. J. Obregón, G. Morreale de Escobar. Endocrinology 1996; 137:2490-2502.
3. A prospective study of the prevalence of the polycystic ovary syndrome in unselected caucasian women from Spain. M. Asunción, R. Calvo, J. L. San Millán, J. Sancho, S. Avila, H. F. Escobar-Morreale. J Clin Endocrinol Metab 2000; 85; 2434-38.
4. Thyroid hormone replacement therapy in primary hypothyroidism: a randomized trial comparing L-thyroxine plus liothyronine with L-thyroxine alone. H. F. Escobar-Morreale, J. I. Botella-Carretero, M. Gómez-Bueno, J. M. Galán, V. Barrios, J. Sancho. Ann Intern Med 2005;142:412-424.
5. The molecular-genetic basis of functional hyperandrogenism and the polycystic ovary syndrome. H. F. Escobar-Morreale, M. Luque-Ramírez , J. L. San Millán. Endocr Rev 2005;26: 251–282
6. Adiponectin and resistin in the polycystic ovary syndrome: A Clinical, Biochemical and Molecular Genetic Study. H. F. Escobar-Morreale, G. Villuendas, J. I. Botella-Carretero, F. Álvarez-Blasco, R. Sanchón, M. Luque-Ramírez, J. L. San Millán. Hum Reprod 2006;21:2257-2265

7. Prevalence and characteristics of the polycystic ovary syndrome in overweight and obese women. F. Álvarez-Blasco, J. I. Botella-Carretero, J. L. San Millán, H. F. Escobar-Morreale. *Arch Intern Med* 2006;166:2081-2086
8. Criteria for defining polycystic ovary syndrome as a predominantly hyperandrogenic syndrome: An Androgen Excess Society guideline. R. Azziz, E. Carmina, D. Dewailly, E. Diamanti-Kandarakis, H. F. Escobar-Morreale, W. Futterweit, O. E. Janssen, R. S. Legro, R. J. Norman, A. E. Taylor, S. F. Witchel. *J Clin Endocrinol Metab* 2006;91:4237-4245
9. Comparison of ethinyl-estradiol plus cyproterone acetate versus metformin effects on classic metabolic cardiovascular risk factors in women with the polycystic ovary syndrome. M. Luque-Ramírez, F. Álvarez-Blasco, J. I. Botella-Carretero, E. Martínez-Bermejo, M. A. Lasunción, H. F. Escobar-Morreale. *J Clin Endocrinol Metab* 2007;92:2453-246
10. Abdominal adiposity and the polycystic ovary syndrome. H. F. Escobar-Morreale, J. L. San Millán. *Trends Endocrinol Metab* 2007;18:266-272
11. A prospective study of the prevalence of nonclassic congenital adrenal hyperplasia (NCAH) among women presenting with hyperandrogenic symptoms and signs. H. F. Escobar-Morreale, Raúl Sanchón, J. L. San Millán. *J Clin Endocrinol Metab* 2008;93:527-533
12. Assessment of cardiovascular risk and prevention of cardiovascular disease in women with the polycystic ovary syndrome: a position statement by the Androgen Excess & Polycystic Ovary Syndrome (AE-PCOS) society. R. A Wild, E. Carmina, E. Diamanti-Kandarakis, A. Dokras, H. F Escobar-Morreale, W. Futterweit, R. Lobo, R. J Norman, E. Talbott, D. A. Dumesic. *Journal of Clinical Endocrinology & Metabolism* 2010;95:2038-2049
13. Epidemiology, diagnosis and management of hirsutism: a consensus statement by the Androgen Excess and Polycystic Ovary Syndrome Society. H. F. Escobar-Morreale, E. Carmina, D. Dewailly, A. Gambineri, F. Kelestimur, P. Moghetti, M. Pugeat, J. Qiao, C. N. Wijeyaratne, S. F. Witchel, R. J. Norman. *Hum Reprod Update* 2012;18:146-170
14. Iron metabolism and the polycystic ovary syndrome. H. F. Escobar-Morreale. *Trends Endocrinol Metab* 2012; 23: 509-515
15. Metabolic heterogeneity in polycystic ovary syndrome is determined by obesity: plasma metabolomic approach using GS-MS. H. F. Escobar-Morreale, S. Samino, M. Insenser, M. Vinaixa, M. Luque-Ramírez, M. A. Lasunción, X. Correig. *Clinical Chemistry* 2012;58:999-1009 ISSN (printed): 0009-9147. ISSN (electronic): 1530-8561
16. Circulating markers of oxidative stress and polycystic ovary syndrome (PCOS): a systematic review and meta-analysis. M. Murri, M. Luque-Ramírez, M. Insenser, M. Ojeda-Ojeda, H. F. Escobar-Morreale. *Hum Reprod Update* 2013;19:268-88
17. Global adiposity and thickness of intraperitoneal and mesenteric adipose tissue depots are increased in women with polycystic ovary syndrome (PCOS). S. Borruel, E. Fernández-Durán, M. Alpañés, D. Martí, F. Álvarez-Blasco, M. Luque-Ramírez, H. F. Escobar-Morreale. *J Clin Endocrinol Metab* 2013; 98: 1254-1263.
18. Evidence for masculinization of adipokine gene expression in visceral and subcutaneous adipose tissue of obese women with polycystic ovary syndrome (PCOS). M. A. Martínez-García, R. Montes-Nieto, E. Fernández-Durán, M. Insenser, M. Luque-Ramírez, H. F. Escobar-Morreale. *J Clin Endocrinol Metab* 2013; 98: E388–E396
19. Reproductive endocrinology: Menstrual dysfunction-a proxy for insulin resistance in PCOS? H. F. Escobar-Morreale. *Nat Rev Endocrinol.* 2014;10:10-11.
20. Treatment of hypothyroidism with levothyroxine or a combination of levothyroxine plus L-triiodothyronine. H. F. Escobar-Morreale, J. I. Botella-Carretero, G. Morreale de Escobar. *Best Pract Res Clin Endocrinol Metab* 2015;29:57-75
21. Type 1 diabetes and polycystic ovary syndrome: systematic review and meta-analysis. H. F. Escobar-Morreale, B. Roldán-Martín. *Diabetes Care* 2016;39:639–648
22. Prevalence of 'obesity-associated gonadal dysfunction' in severely obese men and women and its resolution after bariatric surgery: a systematic review and meta-analysis. H. F. Escobar-Morreale, E. Santacruz, M. Luque-Ramírez, J. I. Botella-Carretero. *Hum Reprod Update*. 2017 23:390-408.
23. Non-classic congenital adrenal hyperplasia due to 21-hydroxylase deficiency revisited: an update with a special focus on adolescent and adult women. E. Carmina, D. Dewailly, H. F. Escobar-Morreale, F. Kelestimur, C. Moran, S. Oberfield, S. F. Witchel, R. Azziz. *Hum Reprod Update*. 2017 23:580-599.
24. Combined oral contraceptives and/or antiandrogens versus insulin sensitizers for polycystic ovary syndrome: a systematic review and meta-analysis. M. Luque-Ramírez, L. Nattero, A. E. Ortiz-Flores, H. F. Escobar-Morreale. *Hum Reprod Update* 2018;24:225–241.
25. Polycystic ovary syndrome: definition, aetiology, diagnosis and treatment. H. F. Escobar-Morreale. *Nat Rev Endocrinol* 2018;14:270-284.

C. Research Support Role: selected grants as Principal Investigator

- 1- FIS 00/0414 Spanish Ministry of Health. Epidemiological, clinical, biochemical and molecular genetic study of functional female hyperandrogenism
- 2- FIS PI020741 01/01/02-31/12/05 Spanish Ministry of Health. A molecular-genetic, clinical and surgical study of a human model of insulin resistance: The polycystic ovary syndrome and obesity.
- 3- RGDM G03/212 01/01/02-31/12/05 Spanish Ministry of Health. Molecular genetics, genomics and proteomics of a human model of insulin resistance: The polycystic ovary syndrome, type 2 diabetes, and obesity.
- 4- FIS PI050341 01/01/2006-31/12/2008 Spanish Ministry of Health. A global approach to the study of the polycystic ovary syndrome as an early marker of the metabolic inflammatory cardiovascular syndrome
- 5- FIS PI080944 01/01/2009-31/12/2011 Spanish Ministry of Science and Innovation. Influence of androgens on the development of abdominal adiposity and on the dysfunction of visceral fat in humans, as pathogenetic factors for insulin resistance and diabetes.
- 6- FIS PI1100357 01/01/2012-31/12/2015 Spanish Ministry of Economy and Competitiveness. Hormonal, metabolic, inflammatory and oxidant responses to the different macronutrients of diet: influence of sex steroids.
- 7- FIS PI1501686 01/01/2016-31/12/2018 Spanish Ministry of Economy and Competitiveness. Influence o sex and sex hormones on adipose tissue dysfunction and chronic metabolic disorders of complex multifactorial etiology (SEXMETAB).
- 8- FIS PIE1600050 01/01/2017-31/12/2019 Spanish Ministry of Economy and Competitiveness. Influence of sex and sex hormones on human chronic disorders of complex etiology (acronym: SEXCOMPLEX).
- 9- FIS PI1801122 – 01/01/2019-31/12/2021 Spanish Ministry of Economy and Competitiveness. Amount, distribution and dysfunction of body fat as determinants of female gonadal dysfunction: from functional hypothalamic amenorrhea to the polycystic ovary syndrome.